

'ROUND ABOUT SCHOOL CIRCLE CENTER NEWS



Circle Center for Child
Development

847-746-8607

circlecenter@ccczion.org

www.circlecenterpreschool.com

September 2015

Welcome Parents!

It is with great joy and anticipation that we begin a fresh year at Circle Center. We consider each child a unique, special gift from God, and we feel honored that you are entrusting him/her to us for a few hours each week. It is our prayer that we will grow together in all areas of development -- spiritually, mentally, emotionally, physically and socially, and that God will be pleased with our efforts. Please remember our staff in prayer throughout the school year. Preschool will encourage your child to have confidence in his/her own endeavors and, most importantly, in him/herself. Peers will be recognized as friends, and loving relationships will grow. Intellectual capabilities will be challenged through free-play experiences, music, stories, exercise, art activities, painting and verbal play. By now you should have received a School Handbook. We urge you to read it thoroughly, as much information that you may wish to refer to in the future is in the Handbook. Following in this newsletter are a few important suggestions and reminders.

Your Director, Mary King

This Month's Highlights

Sept. 7

Labor Day No School

Sept. 8 & 9

1 hour sessions, orientation

Sept.

Library Days

Sept. 22

Parent Development 7pm

First Day

On Opening Day parents are urged to leave the classroom soon after the teacher has greeted your child. Be positive in your decision to entrust your child to the staff. Cheerfully say good-bye. There will be an **ORIENTATION** in the Lloyd Chapel, while your child is getting acquainted in the classroom.

Arrival & Departure Times

Classes begin at 8:45 a.m. and are in session until 11:15 a.m. You may leave your child no earlier than 8:40 a.m. Please be prompt in picking him/her up at the classroom door at 11:15 a.m.

Bringing Child to the Classroom

Despite a child's desire to be independent, **NEVER** leave students off at the outside doors, but walk into the building with them, go in with them to use the restroom and wash their hands before taking them to their classroom throughout the school year. You may enter and depart by the south doors only, but for the safety of all children, it is imperative that you **DO NOT PARK** your car at the entrance of the building. Please use our ample parking lot.

Sign out

The State of Illinois requires that any individual picking up children must sign their name and the child's name on a specially prepared sheet. *This includes parents and grandparents.* Please look for this sheet outside your child's classroom.

Class Visits

Parents are welcome to visit the classes at any time. (Please allow a few weeks for all of the children to adjust to a new routine.) If you are making special arrangements to come one morning, we request that you notify us in advance to avoid several parents visiting on the same day.



Classroom Rules

Sung to the tune of "If You're Happy and You Know It"

- Keep hands and feet to yourself.
- Be quiet when teacher talks.
- Use inside voices.
- Use walking feet.
- Use kind words every day.

Potty Time

This may seem like a trivial thing but.....Please begin to encourage your child to use the big toilet without a child seat. We do not have potty chairs or seats to put on the toilets and some of the children are afraid to use the big toilet. We are willing to help them up and down, as well as stay by them if they need us to. Thank you for your support as we begin this new school experience.

Supplies:

Often schools have a long list of supplies for each child to bring in. Here at Circle Center we request that each family bring in a package of wipes and a full size box of tissue to be used through out the year. We may make an additional request as the supplies diminish. All other supplies are included in your child's tuition.

Please see handbook for:

- Dress for school
- Tuition payments
- Snacks
- Field trips

Attached sheets:

How can you help?

Circle Center Snack Program

Snacks:

You are invited to participate in our snack program. In accordance with the Illinois State Licensing guidelines, we can only accept food that is commercially prepared and arrives unopened as packaged by the bakery or manufacturer. We can not accept "homemade" snacks. We request that you write on the calendar what you will be bringing. There will be some suggestions and reminders of the guidelines posted next to the calendar. It is important that the snacks include food or beverages from two of the following four food groups:

Grains/Bread
Protein/Lean meat, poultry or fish
Fruits/Vegetables
Dairy

As in the past, we ask that no cupcakes or donuts be brought in for birthdays or any other special days. Not only are they high in sugar, but cupcakes are our messiest snack, so you will be helping in more ways than one by not bringing this treat!

Need some suggestions on what to bring? The following are a few ideas. If you have some of your own, we would like for you to share them with us! If you are not sure what to bring, just ask your child's teachers. Please include a gallon of **100%** fruit juice or a gallon of **2%** milk along with the snack.

You will find a snack calendar in your child's room. Please sign up and thanks so much for helping us get off to a good start.

SOME SUGGESTED SNACKS

Grains/Bread

Crackers
Pretzels
Nutritious cookies - cereals, grain etc.)
Teddy Grahams
Granola bars
Muffins /bagels
Cereal bars
Frozen Pizza (also dairy)

Protein/Lean meat, poultry, fish

Nuts
Peanut butter
Yogurt/gogurts

Fruits/Vegetables

Small raw carrots(veggies & dip)
Dried fruits - raisins, etc.
Fresh fruit (apples, oranges, bananas,
Fruit juice pops
100% Juice

Dairy

Cheese slices
Cheese and cracker snack pack (also grain)
Pudding cups, pudding pops
Ice cream cups, sherbet

HOW CAN YOU HELP?

In order for your child to get the maximum benefit from our CIRCLE CENTER program, we are listing ways you, as parents, can help.

1. Encourage your child to help him/herself, especially dressing. Encourage your child to be as independent at home as s/he is learning to be at school. Your child can put on his/her coat. Although the procedure may look all wrong, it is easy to put on a coat or jacket if:
 - a. s/he lays it on the floor with the collar or hood between his/her legs,
 - b. puts his/her arms through both arm holes,
 - c. flips it over his/her head.You may have to help with a zipper.
2. Send him/her off happy. It helps if your child does not come to school with thoughts of being hurried, scolded or generally upset.
3. Have a positive attitude about school. Most children have an occasional day when they don't want to come to school. Be cheerful and positive.
4. Listen to your child when s/he comes home. Show an interest in what s/he has done.
5. Praise your child's work. It is better to say, "Tell me about it" than "what is it?" Remember it is not the finished project, but the enjoyment of the experience involved which is important. Find some words of praise, such as, "I like the pretty green color you used." Hang it up, at least for awhile. This fosters the child's positive self-concept and helps him/her to feel that s/he is succeeding.
6. Be alert to help your child find things to share at school. A favorite book or items for the science table are especially good. Help to keep your child's sense of wonder alive.
7. Provide a quiet time in the afternoon after a busy morning.
8. Have regular bedtime hours.
9. Attend parent conferences, meetings, and occasionally attend special trips and events.
10. If you have a special talent or skill share it with the class.
11. Communicate your child's needs to the teachers. An unusual or traumatic experience at home can affect his/her behavior at school.
12. Reinforce at home the training we attempt to provide. Remember---you are your child' first and most important teacher.